	BASIC DIABETIC	
		Rs. 1000/-
	CHECK - UP	MALE / FEMALE
A.	LABORATORY INVESTIGATIONS	
	1. DIABETES TESTS	
	# Blood Sugar - F	
	# Blood Sugar -PP	-
	# HBA1C	V
77.51	2. KIDNEY TESTS	
	# Creatinine	
	# Urine-R	
В.	CONSULTATION:	-
В.		-
	# Endocrinologist	-
	ADVANCED DIABETIC	
	CHECK - UP	Rs. 2500/-
	CHECK-OF	MALE / FEMALE
A.	LABORATORY INVESTIGATIONS	
(in pa	1. HAEMOGRAM	
	# CBC	-
	# ESR	-
	2. DIABETES TESTS	_
	# Blood Sugar - F	V
	# Blood Sugar - PP	
	# HBA1C	1
_	3. KIDNEY TESTS	
_		-
	# Creatinine	-
	# Urine Microalbumin	
	4. LIVER FUNCTION TEST	
	# S. G.O.T.	V
	# S. G. P. T.	~
	5. LIPID PROFILE	
	# Total Cholesterol	~
	# HDL, LDL, VLDL	~
	# Triglycerides	
B.	E.C.G.	~
C.	CONSULTATION:	
	# Endocrinologist	-
	# Ophthalmologist	-
	# Dietician	1
	BASIC CARDIAC	Rs. 1100/-
	CHECK - UP	MALE / FEMALE
_	LABORATORY INVESTIGATIONS	7
Α.		
	1. DIABETES TESTS	-
	# Blood Sugar - F	V
	# Blood Sugar - PP	
WOII"	2.KIDNEY TESTS	
	# Creatinine	V
	3. LIPID PROFILE	
	# Total Cholesterol	V
	# HDL, LDL, VLDL	V
	# Triglycerides	./
	# Inglycendes	
В.		V
	E.C.G.	V
B.		V

	ADVANCED CARDIAC CHECK - UP		5000/-	
A.	LABORATORY INVESTIGATIONS			
35.00	DIABETES TESTS	Avviolet I	30%	
20811	# Blood Sugar - F	v	/	
2008	# Blood Sugar - PP	V	/	
WES	# HBA1C	-	-	
MP/SE	2. KIDNEY TESTS	-		
20020	# Creatinine	-	,	
ANDIN	3. LIPID PROFILE		- 877	
000000	# Total Cholesterol	-	,	
	# HDL, LDL, VLDL	-		
	# Triglycerides	V		
Carl Time	# Homocystiene	V		
B.	E.C.G.	V		
C.	Exercise Stress Test (TMT)	-		
D.	2D Echo with Colour Doppler	-		
E.	CONSULTATION :	-		
	# Cardiologist	V	,	
and the	# Dietician	-		
9916	# Dietician			
		Rs.	Rs.	
	CANCER CHECK - UP	4700/-	6000	
		MALE	FEMAL	
^	LABORATORY INVESTIGATIONS	50000000000	ALCO DE	
Α.	1. HAEMOGRAM	and the same of	1000	
STAN	# CBC	V	V	
	#ESR	V	V	
(A) (A)				
	1 2 GENERAL TESTS	vanetistes (
	2. GENERAL TESTS # Urine-R	Seminario de la companio del companio della compani	-	
	# Urine-R	V	V	
	# Urine-R # Stool-R	Seminario de la companio del companio della compani	V	
	# Urine-R # Stool-R 3. KIDNEY TESTS	V	V	
	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen	V V	V	
	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatinine	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	V	
	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatinine # Uric Acid	V V	V	
	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatinine # Uric Acid 4. LIVER FUNCTION TEST	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	V V V	
	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatinine # Uric Acid 4. LIVER FUNCTION TEST # Total Protein (Albumin , Globulin , A/G Ratio)	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	V V V	
	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatinine # Uric Acid 4. LIVER FUNCTION TEST # Total Protein (Albumin, Globulin, A/G Ratio) # Billirubin (Total, Direct, Indirect)	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	
	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatinine # Uric Acid 4. LIVER FUNCTION TEST # Total Protein (Albumin, Globulin, A/G Ratio) # Billirubin (Total, Direct, Indirect) # S. G. P. T.	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	
	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatinine # Uric Acid 4. LIVER FUNCTION TEST # Total Protein (Albumin , Globulin , A/G Ratio) # Billirubin (Total, Direct, Indirect) # S. G. P. T. # LDH	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	
	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatinine # Uric Acid 4. LIVER FUNCTION TEST # Total Protein (Albumin , Globulin , A/G Ratio) # Billirubin (Total, Direct, Indirect) # S. G. P. T. # LDH 5. CANCER MARKERS	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	V V V V V V V	
	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatinine # Uric Acid 4. LIVER FUNCTION TEST # Total Protein (Albumin , Globulin , A/G Ratio) # Billirubin (Total , Direct, Indirect) # S. G. P. T. # LOH 5. CANCER MARKERS # CEA (Colonic)	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	V V V V V V V	
	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatlnine # Uric Acid 4. LIVER FUNCTION TEST # Total Protein (Albumin , Globulin , A/G Ratio) # Bilirubin (Total, Direct, Indirect) # S. G. P. T. # LDH 5. CANCER MARKERS # CEA (Colonic) # CA 19-9 (Pancreatic)	V V V V V V V V V V V V V V V V V V V	V V V V V V V	
	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatinine # Uric Acid 4. LIVER FUNCTION TEST # Total Protein (Albumin , Globulin , A/G Ratio) # Bilirubin (Total, Direct, Indirect) # S. G. P. T. # LDH 5. CANCER MARKERS # CEA (Colonic) # CA 19-9 (Pancreatic) # PSA (Prostate)	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	V V V V V V V V V V V V V V V V V V V	
	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatinine # Uric Acid 4. LIVER FUNCTION TEST # Total Protein (Albumin , Globulin , A/G Ratio) # Billirubin (Total , Direct, Indirect) # S. G. P. T. # LDH 5. CANCER MARKERS # CEA (Colonic) # CA 19-9 (Pancreatic) # PSA (Prostate) # CA-125 (Ovarian)	V V V V V V V V V V V V V V V V V V V	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	
B	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatlnine # Uric Acid 4. LIVER FUNCTION TEST # Total Protein (Albumin , Globulin , A/G Ratio) # Billirubin (Total, Direct, Indirect) # S. G. P. T. # LDH 5. CANCER MARKERS # CEA (Colonic) # CA 19-9 (Pancreatic) # PSA (Prostate) # CA-125 (Ovarian) # Pap Smear (Cervical)	V V V V V V V V V V V V V V V V V V V	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	
B. C.	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatinine # Uric Acid 4. LIVER FUNCTION TEST # Total Protein (Albumin , Globulin , A/G Ratio) # Billirubin (Total, Direct, Indirect) # S. G. P. T. # LOH 5. CANCER MARKERS # CEA (Colonic) # CA 19-9 (Pancreatic) # PSA (Prostate) # CA-125 (Ovarian) # Pap Smear (Cervical) CHEST X-RAY-PA - VIEW	V V V V V V V V V V V V V V V V V V V	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	
C.	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatinine # Uric Acid 4. LIVER FUNCTION TEST # Total Protein (Albumin, Globulin, A/G Ratio) # Billirubin (Total, Direct, Indirect) # S. G. P. T. # LDH 5. CANCER MARKERS # CEA (Colonic) # CA 19-9 (Pancreatic) # PSA (Prostate) # CA-125 (Ovarian) # Pap Smear (Cervical) CHEST X-RAY-PA - VIEW SONGGRAPHY ABDOMEN & PELVIS	V V V V V V V V V V V V V V V V V V V	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	
C.	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatinine # Uric Acid 4. LIVER FUNCTION TEST # Total Protein (Albumin, Globulin, A/G Ratio) # Billirubin (Total, Direct, Indirect) # S. G. P. T. # LDH 5. CANCER MARKERS # CEA (Colonic) # CA 19-9 (Pancreatic) # PSA (Prostate) # CA-125 (Ovarian) # Pap Smear (Cervical) CHEST X-RAY-PA - VIEW SONOGRAPHY ABDOMEN & PELVIS SONO MAMMOGRAPHY (BOTH)	V V V V V V V V V V V V V V V V V V V	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	
C.	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatlnine # Uric Acid 4. LIVER FUNCTION TEST # Total Protein (Albumin , Globulin , A/G Ratio) # Bilirubin (Total, Direct, Indirect) # S. G. P. T. # LDH 5. CANCER MARKERS # CEA (Colonic) # CA 19-9 (Pancreatic) # PSA (Prostate) # PSA (Prostate) # CA-125 (Ovarian) # Pap Smear (Cervical) CHEST X-RAY-PA - VIEW SONOGRAPHY ABDOMEN & PELVIS SONO MAMMOGRAPHY (BOTH) CONSULTATION:	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	
C.	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatinine # Uric Acid 4. LIVER FUNCTION TEST # Total Protein (Albumin , Globulin , A/G Ratio) # Billirubin (Total, Direct, Indirect) # S. G. P. T. # LDH 5. CANCER MARKERS # CEA (Colonic) # CA 19-9 (Pancreatic) # PSA (Prostate) # CA-125 (Ovarlan) # Pap Smear (Cervical) CHEST X-RAY-PA - VIEW SONOGRAPHY ABDOMEN & PELVIS SONO MAMMOGRAPHY (BOTH) CONSULTATION: # Medical Oncologist	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	
C.	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatlinine # Uric Acid 4. LIVER FUNCTION TEST # Total Protein (Albumin, Globulin, A/G Ratio) # Billirubin (Total, Direct, Indirect) # S. G. P. T. # LDH 5. CANCER MARKERS # CEA (Colonic) # CA 19-9 (Pancreatic) # PSA (Prostate) # CA-125 (Ovarian) # Pap Smear (Cervical) CHEST X-RAY-PA - VIEW SONOGRAPHY ABDOMEN & PELVIS SONO MAMMOGRAPHY (BOTH) CONSULTATION: # Medical Oncologist # E. N. T. Surgeon	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	
C.	# Urine-R # Stool-R 3. KIDNEY TESTS # Blood Urea Nitrogen # Creatinine # Uric Acid 4. LIVER FUNCTION TEST # Total Protein (Albumin , Globulin , A/G Ratio) # Billirubin (Total, Direct, Indirect) # S. G. P. T. # LDH 5. CANCER MARKERS # CEA (Colonic) # CA 19-9 (Pancreatic) # PSA (Prostate) # CA-125 (Ovarlan) # Pap Smear (Cervical) CHEST X-RAY-PA - VIEW SONOGRAPHY ABDOMEN & PELVIS SONO MAMMOGRAPHY (BOTH) CONSULTATION: # Medical Oncologist	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	

STANDARD INSTRUCTION FOR HEALTH CHECK-UP

Dear Sir\Madam.

- ☆A minimum of 12 hrs fasting is essential prior to check-ups. Water can be consumed till the commencement of test.
- ☆Alcohol and fatty food should be avoided for at least 12 hrs prior to checkup.
- ☆Please be informed that certain test like X-Rays are not to be done if you suspect a pregnancy.
- ☆For females, Pap smear test and urine routine test cannot be conducted during menstruation.
- ☆Please bring all earlier medical records as well as medical accessories such as glasses, hearing aid etc. on the day of the check-up.
- ☆You are requested to come to the centre on the day and time of appointment.
- ☆you are requested to get stool (very small quantity) and Urine sample along with you wherever applicable
- ☆ After full payment, an identity card with a file will be be given to you.
- ☆An assistant will guide / accompany you throughout the scheme.
- ☆ All simple health check-up scheme patient will visit
 a G.P. after collecting all reports, in the same
 evening or next day.
- ☆ All Health Check-Up patients should take 75 gms of Glucose sugar with water after collection of fasting blood samples, except Diabetes patients wherever applicable
- ☆Diabetic Patients should avoid taking insulin injection/anti-diabetic tablets on the morning of health check-up. The same can be taken before or after the breakfast & post lunch tablets to be taken after lunch if prescribed.
- ☆Please consume one litre of water given to you for sonography of Abdomen & Pelvis.
- ☆Appointment for Bone Mineral Densitometry is not required but Sono Mammography, Exercise Stress Test (TMT) & 2D Echo with Colour Doppler will be done by appointment.
- ☆"The reports of the health check-up scheme will be ready to be handed within five days from the Physicians check-up"







GOKULDHAM MEDICAL CENTRE

(ESTD. SINCE 1994)

Sponsored By : Goenka & Associates Medical & Research Centre (P.T.R. No. E / 13677 (Mumbai)

Working Hours 7.30 AM - 9.30 PM

HEALTH CHECK-UP SCHEMES

SAI ROAD, OFF GEN. A. K. VAIDYA MARG, GOKULDHAM, GOREGAON (EAST), MUMBAI - 400 063

TEL.: 022 - 41745554 / 022 - 41745555

Email: goenkagmc@gmail.com

March 2024

	SIMPLE HEALTH CHECK - UP	Rs. 1900/-
A.	LABORATORY INVESTIGATIONS	MALE/FEMALE
1000	1. HAEMOGRAM	
122	# CBC	~
Ex.	# E.S.R.	~
- Parish	2. DIABETES TESTS	
082	# Blood Sugar-F	~
0.802	# Blood Sugar-PP	~
400	3. KIDNEY TESTS	
AV9	# Creatinine	~
	4. TOTAL CHOLESTEROL	V
0000	5. LIVER FUNCTION TEST	
	# SGPT	~
8828	6. GENERAL TESTS	
	# Blood Group	~
70.22	# Stool - R	~
100	# Urine - R	V
	7. HEPATITIS "B" (AUSTRALIA ANTIGEN)	1
В.	E. C. G.	V
C.	X-RAY CHEST P. A. VIEW	~
D.	SONOGRAPHY ABDOMEN & PELVIS	~
E	CONSULTATION:	
	General Practitioner	~
	NEPHRO HEALTH CHECK-UP	Rs. 2500/-
Α	LABORATORY INVESTIGATIONS	MALE/FEMAL
MAN S	Kidney Tests	
4500	# RFT	~
18/6	# Urine Microalbumin	~
N. Salah	2. HBA1C	~
В	SONOGRAPHY ABDOMEN PELVIS	~
С	CONSULTATION:	350 7 99
	# Nephrologist @ GMC EXTN.	~

^{*} PATIENTS OF SIMPLE, EXECUTIVE OR EXTENDED EXECUTIVE
HEALTH CHECK UP OPTING FOR MAMMOGRAPHY OR
SONOMAMMOGRAPHY OR BONEMINERAL DENSITOMETRY (BMD)
WILL GET CONCESSION OF Rs. 100/- ON ANY ONE OF THEM.

	EXECUTIVE HEALTH CHECK - UP	Rs. 4500/-	
A.	LABORATORY INVESTIGATIONS	MALE	FEMAL
	1. HAEMOGRAM		
GIC D.Lo.	# CBC	V	V
	# E.S.R.	V	7
	2. DIABETES TESTS	Zam,	
	# Blood Sugar-F	~	V
	# HBA1C	V	V
	3. KIDNEY TESTS		
	# Blood Urea	V	V
	# Creatinine	V	V
	# Uric Acid	V	V
	4. LIPID PROFILE	V	V
181	5. LIVER FUNCTION TEST		
	# Total Protein (Albumin , Globulin , A/G Ratio)	V	V
	# Bilirubin (Total, Direct, Indirect)	V	V
	# SGOT	V	V
188	# SGPT	V	~
	# Alk. Phosphatase	V	V
	6. GENERAL TESTS		
	# Urine - R	V	V
	7. HEPATITIS "B" (AUSTRALIA ANTIGEN)	V	V
В.	E. C. G.	V	1
C.	X-RAY CHEST P. A. VIEW	~	~
D.	SONOGRAPHY ABDOMEN & PELVIS	~	~
E.	CONSULTATION:		
	# Gynaecologist	-	~
	# PAP Smear and Reporting	-	1
	# General Surgeon	V	-
	# Ophthalmologist	1	1
	# E. N. T. Surgeon or Orthopedic	~	~
	# Physician (M. D.)	~	~
	# Dentist @ GMC EXTN.	~	1
	SCHOOL HEALTH CHECK-UP	Rs. 500/-	
	CONSULTATION:		
	# General Practioner # Opthalmology		
S015	# ENT # Dental @ GMC EXTN.		

^{*} SIMPLE HEALTH CHECK UP AND EXECUTIVE HEALTH CHECK
UP PATIENT'S OPTING FOR PULMONARY FUNCTIONS TEST
WILL BE CHARGED Rs. 400/-

	EXTENDED EXECUTIVE HEALTH CHECK - UP	Rs. 6000/-	
A.	LABORATORY INVESTIGATIONS	MALE	FEMAL
1981	1. HAEMOGRAM		100000
19%	# CBC	V	V
THE R	# E.S.R.	V	V
	2. DIABETES TESTS		1000000
Vigil 1	# Blood Sugar-F	~	V
	# HBA1C	1	V
/ASS	3. KIDNEY TESTS		To be seen
	# Blood Urea	1	V
	# Creatinine	~	1
A	# Uric Acid	V	V
	4. LIPID PROFILE	1	1
(US)	5. LIVER FUNCTION TEST	NIII SE	100
34	# Total Protein (Albumin , Globulin , A/G Ratio)	V	V
e eng	# Bilirubin (Total, Direct, Indirect)	~	V
100	# SGOT	~	V
	# SGPT	~	~
len.	# Alk. Phosphatase	V	V
ne e	6. GENERAL TESTS	8/2/	1000
	# Urine - R	V	~
	7. P. S. A.	V	-
31	8. HEPATITIS "B" (AUSTRALIA ANTIGEN)	1	~
	9. FREE T4 & TSH	~	V
	10. Vit -B12	V	V
	11. Vit -D	V	V
В.	E. C. G.	V	~
C.	X-RAY CHEST P. A. VIEW	~	V
D.	SONOGRAPHY ABDOMEN & PELVIS	~	1
E.	PULMONARY FUNCTION TEST	~	V
F.	CONSULTATION :		
	# Gynaecologist	-	~
	# PAP Smear and Reporting	-	V
	# General Surgeon	V	-
	# Ophthalmologist	V	V
	# E. N. T. Surgeon or Orthopedic	~	1
	# Physician (M. D.)	~	V
Seas.	# Dentist @ GMC EXTN.	~	1

^{*}EXECUTIVE, EXTENDED EXECUTIVE, SPL. EXECUTIVE HEALTH CHECK UP PATIENT'S OPTING FOR EXERCISE STRESS TEST (TMT) OR 2D ECHO WITH COLOUR DOPPLER WILL GET CONCESSION OF RS. 100/- ON ANY ONE OF THEM (BY APPOINTMENT)

	SPECIAL EXECUTIVE HEALTH CHECK-UP	Rs. 6500/-	Rs. 7500/
A.	LABORATORY INVESTIGATIONS	MALE	FEMAL
	1. HAEMOGRAM		8.00
	# CBC	V	V
	# E.S.R.	1	V
	2. DIABETES TESTS		Direction of
	# Blood Sugar-F	~	V
	# HBA1C	V	V
	3. KIDNEY TESTS	PER STATE	
	# Blood Urea	V	V
	# Creatinine	~	V
	# Uric Acid	V	V
	4. LIPID PROFILE	~	V
	5. LIVER FUNCTION TEST	118.51	1000
	# Total Protein (Albumin , Globulin , A/G Ratio)	1	V
	# Bilirubin (Total, Direct, Indirect)	V	V
	# SGOT	~	V
	# SGPT	V	V
	# Alk. Phosphatase	V	V
	6. GENERAL TESTS		
	# Urine - R	V	V
	7. P. S. A.	V	-
	8. HEPATITIS "B" (AUSTRALIA ANTIGEN)	~	~
	9. FREE T4 & TSH	~	V
	10. Vit -B12	~	~
	11. Vit -D	V	V
В.	E. C. G.	~	V
C.	X-RAY CHEST P. A. VIEW	~	~
D.	SONOGRAPHY ABDOMEN & PELVIS	~	V
E.	PULMONARY FUNCTION TEST	~	~
F.	BONE DENSITOMETRY TEST	~	~
G.	SONOMAMMOGRAPHY	-	V
H.	CONSULTATION:		
	# Gynaecologist	-	V
	# PAP Smear and Reporting	-	~
	# General Surgeon	~	-
	# Ophthalmologist	~	~
	# E. N. T. Surgeon or Orthopedic	~	~
	# Physician (M. D.)	~	~
	# Dentist @ GMC EXTN.	~	~